Cookie Policy

What are cookies?

Cookies are files saved on your phone, tablet or computer when you visit a website.

They store information about how you use the website, such as the pages you visit.

Cookies are not viruses or computer programs. They are very small so do not take up much space.

How we use cookies

We use cookies to:

- make our website work, for example by keeping it secure
- remember which pop-ups you've seen
- measure how you use our website, such as which links you click on (analytics cookies)
- help show you relevant health campaigns on social media

Change your cookie settings

Some cookies, like those used to measure how you use our website, are not needed for our website to work.

These cookies can help us make our website better, but we'll only use them if you say it's OK.

When you first visit our website you will see a Cookie banner

We use cookies on our website to see how you interact with it. By accepting, you agree to our use of such cookies.   Settings   Decline All   Accept   ✕

If you **Decline All** then the following essential cookies will be used:

Cookie Name	Purpose	Duration	Cookie Type
XSRF-TOKEN	Used for security reasons	Session	Essential Cookies
hs	Used for security reasons	Session	Essential Cookies
svSession	Used in connection with user login	2 years	Essential Cookies
SSR-caching	Used to indicate the system from which the site was rendered	1 minute	Essential Cookies
_wixCIDX	Used for system monitoring/debugging	3 months	Essential Cookies
_wix_browser_sess	Used for system monitoring/debugging	session	Essential Cookies
consent-policy	Used for cookie banner parameters	12 months	Essential Cookies
smSession	Used to identify logged in site members	Session	Essential Cookies
TS*	Used for security and anti-fraud reasons	Session	Essential Cookies
bSession	Used for system effectiveness measurement	30 minutes	Essential Cookies
fedops.logger.sessionId	Used for stability/effectiveness measurement	12 months	Essential Cookies
wixLanguage	Used on multilingual websites to save user language preference	12 months	Essential Cookies

If you **Accept** then the following essential cookies will be used:

Cookie Name	Purpose	Duration	Cookie Type
XSRF-TOKEN	Used for security reasons	Session	Essential
hs	Used for security reasons	Session	Essential
svSession	Used in connection with user login	2 years	Essential
SSR-caching	Used to indicate the system from which the site was rendered	1 minute	Essential
_wixCIDX	Used for system monitoring/debugging	3 months	Essential
_wix_browser_sess	Used for system monitoring/debugging	session	Essential
consent-policy	Used for cookie banner parameters	12 months	Essential
smSession	Used to identify logged	Session	Essential

	in site members		
TS*	Used for security and anti-fraud reasons	Session	Essential
bSession	Used for system effectiveness measurement	30 minutes	Essential
fedops.logger.sessionId	Used for stability/effectiveness measurement	12 months	Essential
wixLanguage	Used on multilingual websites to save user language preference	12 months	Functional

If you click on **Settings** then you will see the following screen:

Advanced Cookie Settings

Essential Cookies

These cookies enable core functionality such as security, verification of identity and network management. These cookies can't be disabled.

Enable Marketing Cookies

These cookies are used to track advertising effectiveness to provide a more relevant service and deliver better ads to suit your interests.

We do not use any marketing cookies, so even if you accept, they are not enabled.

Enable Functional Cookies

These cookies collect data to remember choices users make to improve and give a more personalised experience.

Enable Analytics Cookies

These cookies help us to understand how visitors interact with our website, discover errors and provide a better overall analytics.

Choose which cookies we use

Let us know which cookies we can use. We'll use a cookie to save your settings.

Cookies that measure website use (analytics cookies)

We may use Google Analytics and our own settings to measure how you use the website so we can improve it based on user needs. Google Analytics sets cookies that store anonymised information about:

- how you got to the site
- the pages you visit and how long you spend on each page
- what you click on while you're visiting the site

At the moment Google Analytic cookies are not utilised. We do not allow Google to use or share the data about how you use this site. If Google Analytics were to be used, then the list of cookies is detailed below.

List of analytics cookies

Name	Purpose	Expires
_ga	These help us count how many people visit the website by tracking if you've visited before.	18 months
_gat	Used by Google Analytics. Sets a unique ID for your session to help tell us how you use our website.	1 minute
_gid	Used by Google Analytics. Used by Google Analytics. Helps stop Google Analytics web servers crashing when collecting information on how you use our website.	24 hours

Cookies that remember your settings

These cookies do things like remember your preferences and the choices you make, to personalise your experience of using the site.

Cookie Name	Purpose	Duration	Cookie Type
XSRF-TOKEN	Used for security reasons	Session	Essential
hs	Used for security reasons	Session	Essential
svSession	Used in connection with user login	2 years	Essential
SSR-caching	Used to indicate the system from which the site was rendered	1 minute	Essential
_wixCIDX	Used for system monitoring/debugging	3 months	Essential
_wix_browser_sess	Used for system monitoring/debugging	session	Essential
consent-policy	Used for cookie banner parameters	12 months	Essential
smSession	Used to identify logged in site members	Session	Essential
TS*	Used for security and anti-fraud reasons	Session	Essential
bSession	Used for system effectiveness measurement	30 minutes	Essential
fedops.logger.sessionId	Used for stability/effectiveness measurement	12 months	Essential
wixLanguage	Used on multilingual websites to save user language preference	12 months	Functional

Cookies used on the Patient Registration Form

If you select 'Join our practice' you will be taken to an external page titled Patient Registration Form at https://forms.office.com. This is a Microsoft Forms page, managed by Microsoft and uses specific cookies that are essential to the management of the registration form. This is separate to our website and a warning is providing before selecting the 'Join our practice'.

Cookie Name	Purpose	Duration	Cookie Type
MUID	Bing.com – Microsoft Store and track visits across websites. Used on the patient registration page.	390 days	Essential Cookies
SRM_B	c.bing.com. Used on the patient registration page.	390 days	Essential Cookies

MC1	Microsoft.com	360 days	Essential Cookies
MS0	Microsoft.com	Session	Essential Cookies
MUID	Office.com Microsoft Store and track visits across websites. Used on the patient registration page.	390 days	Essential Cookies
ANONCHK	c.office.com	Session	Essential Cookies
SM	c.office.com	Session	Essential Cookies
DcLcid	forms.office.com	90 days	Essential Cookies
FormsWebSessionId	forms.office.com	30 days	Essential Cookies
MSFPC	forms.office.com	360 days	Essential Cookies
MicrosoftApplicationsTelementryDeviceId	forms.office.com	360 days	Essential Cookies
MicrosoftApplicationsTelementryDeviceIdFirstLaunchTime	forms.office.com	Session	Essential Cookies
_RequestVerificiationToken	forms.office.com	Session	Essential Cookies
ai_session	forms.office.com	Session	Essential Cookies
usenewauthrollout	forms.office.com	30 days	Essential Cookies
usenewrpsauthrollout	forms.office.com	30 days	Essential Cookies